

Personal Spiritual Screening Scale

This scale is designed to help you to examine what spiritual strengths you have as well as potential areas of distress. There are no “right” or “wrong” answers, however it will help you in identifying areas in which you may want to seek further resources or support.

I feel . . .	3 Strongly	2 Not as Much as I Would Like	1 Not at All
1 God/a Higher Power's presence amidst my/my loved one's illness.			
2 At ease about my disease/loved one's disease.			
3 Confident in my/my loved one's treatment process.			
4 At peace about my/my loved one's future.			
5 Strength in my sense of spirituality or religious beliefs.			
6 Supported by others who will listen to my fears and hopes.			
7 Meaning in religious or spiritual rituals.			
8 Comforted by my religious or spiritual beliefs.			
9 That my/my loved one's treatment team knows and understands our religious and spiritual beliefs.			
10 Reassured that my support system hears and respects my religious or spiritual beliefs and questions.			
Total			

If you find that there is one or more areas where you marked a 2 or a 1, you may want to focus on the resources available at chaplainsonhand.org to help you with questions or find support.